

MERCER ACADEMY OF MARTIAL ARTS

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CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	12:15-1:15pm Adults All belts	6:30-7:15am Adult Mixed Martial Arts No Uniform		6:30-7:15am Adult Mixed Martial Arts No Uniform	8:30-9:25 am Adults/Teens/Family All belts
					9:30-10:15 am Kids Beginner
5:00-5:45 pm Kids Beginner	5:30-6:30pm Teens & Adults All Belts	5:00-5:45 pm Kids Beginner	5:00-5:45 pm Kids Inter/Advanced	5:00-5:45 pm Kids Beginner	10:30-11:15 am Kids Inter/Advanced
5:50-6:40 pm Kids Inter/Advanced	6:45-8:00 Adults Green & Up	5:50-6:40 pm Kids Inter/Advanced	6:00-7:00pm Teens & Adults All Belts	6:00-6:45 pm Kids Inter/Advanced	11:30-12:00 pm Little Dragons
6:45-7:30 pm Kids Advanced	8:15-9:15pm BJJ	6:45-7:30 pm Kids Advanced	7:00-8:00 Adults Purple & Up	See board for Schedule detail	
7:45-8:45 pm Adults Thai Boxing No Uniform		7:40-8:45 pm Adults All belts	8:10-9:10pm BJJ		Private lessons, Seminars and Birthday Parties Available.

Beginner: White, Yellow, Orange
Intermediate: Blue, Green, Purple
Advanced: Red, Cho Dan Bo, Black
Adults - 15 and up